

// naama raamaayaNam //

sankeertanam

om shree seetaa - lakshmaNa - bharata - shatruघna - hanumat -
sameta – shree raamachandra - parabrahmaNE nama:

|| baalakanDam ||

1. shuddha brahma paraatpara raama
- 2: kaalaatmaka paramEshvara raama
- 3: shesha talpa sukha nidrita raama
- 4: brahmaadyamara praartitha raama
- 5: chanDa kiraNakula manDana raama
- 6: shreemad-dasharatha nandana raama
- 7: kausalyaa sukha vardhana raama
- 8: vishvaamitra priyadhana raama
- 9: ghora taaTaka ghaataka raama
- 10: maareechaadi nipaataka raama
- 11: kaushikamakha samrakshaka raama
- 12: shreemad ahlyoddhaaraka raama
- 13: gautama muni sampoojita raama
- 14: sura muni vara gaNa samstuta raama
- 15: naavikadhaavita mrudupada raama
- 16: mithilaapura jana mohaka raama
- 17: videha maanasa ranjaka raama
- 18: tryambaka kaarmuka bhanjaka raama
- 19: seetaarpita vara maalika raama
- 20: krutavaivaahika kautuka raama
- 21: bhaargava darpa vinaashaka raama
- 22: shreemad ayodhyaa paalaka raama

|| ayodhyaa kaanDam ||

- 23: agaNita guNagaNa bhooshita raama
- 24: avaneetanayaa kaamita raama
- 25: raakaa chandra samaanana raama
- 26: pitru vaakyashrita kaanana raama
- 27: priya guha vinivedita pada raama
- 28: tatkshaalita nije mrudupada raama
- 29: bharadvaaja mukhaanandaka raama
- 30: chirtrakooTaadri niketana raama
- 31: dasharatha santata chintita raama
- 32: kaikeyee tanayaarthita raama
- 33: virachita nije pitru karmaka raama
- 34: bharataarpita nije paaduka raama

|| araNya kaanDam ||

- 35: danDakaavana jana paavana raama
- 36: dushTa viraadha vinaashana raama
- 37: sharabhanga suteekshNaarchita raama
- 38: agastyaanugraha vardhita raama
- 39: grudhraadhipa samsevita raama
- 40: panchavaTee taTa susthita raama
- 41: shoorpaNaakhaarti vidhaayaka raama
- 42: kharadooshaNa mukha soodaka raama
- 43: seetaa priya hariNaanuga raama
- 44: maareechaarti krudaashuga raama
- 45: vinashTa seetaanveshaka raama
- 46: grudhraadhipa gati daayaka raama
- 47: shabaree datta phalaashana raama
- 48: kabanda baahucChedana raama

|| kishkindhaa kanDam ||

49: hanumatsevita nijapada raama
50: nata sugreevaabheeshTada raama
51: garvita vaali samhaaraka raama
52: vaanara doota preshaka raama
53: hitakara lakshmaNa samyuta raama

|| sundara kaanDam ||

54: kapivara santata samsmruta raama
55: tadgati vighna dhvamsaka raama
56: seetaa praaNaa dhaaraka raama
57: dushTa dashaanana dooshita raama
58: shishTa hanumad-bhooshita raama
59: seetaa vedita kaakaavana raama
60: kruta chooDaamaNi darshana raama
61: kapivara vachanaashvaasita raama

|| yuddha kaanDam ||

62: raavaNa nidhana prasthita raama
63: vaanara sainya samaavruta raama
64: shoshita sarideeshaarthita raama
65: vibheeshaNa abhaya daayaka raama
66: parvata setu nibandhaka raama
67: kumbhakarNa shirashcChedaka raama
68: raakshasa sangha vimardaka raama
69: ahimahi raavaNa chaaraNa raama
70: samhruta dashamukha raavaNa raama
71: vidhibhava mukhasura samstuta raama
72: svasthita dasharatha veekshita raama
73: seetaa darshana modita raama
74: abhishikta vibheeshaNa nata raama
75: pushpakayaanaarohaNa raama
76: bharadvajaabhinishevaNa raama
77: bharata praaNa priyakara raama
78: saaketapuree bhooshaNa raama

79: sakala sveeya samaanata raama
80: ratnalasatpeeThaasthita raama
81: paTTaabhishekaalankruta raama
82: paarthiva kula sampaanita raama
83: vibheeshaNaarpita ranjaka raama
84: keeshakulaanugraha kara raama
85: sakala jeeva samrakshaka raama
86: samasta lokaadhaaraka raama

|| **uttara kaanDam** ||

87: aagata munigaNa samstuta raama
88: vishruta dasha kanThodbhava raama
89: seetaa lingana nirvruta raama
90: neeti surakshita janapada raama
91: vipina tyaajita janakaja raama
92: kaarita lavaNaasura vadha raama
93: svargata shambuka samstuta raama
94: svatanaya kushalava nandita raama
95: ashvamedha kratu deekshita raama
96: kaalaavedita surapada raama
97: aayodhyaka jana muktida raama
98: vidhi mukha vibudhaanandaka raama
99: tejomaya nija roopaka raama
100: samsruti bandha vimochaka raama
101: dharma sthaapana tatpara raama
102: bhakti paraayaNa muktida raama
103: sarva charaachara paalaka raama
104: sarva bhavaamaya vaaraka raama
105: vaikunThaalaya samsthita raama
106: nityaananda padasthita raama
107: raama raama jaya raajaa raama
108: raama raama jaya seetaa raama

bhayahara mangaLa dasharatha raama
jaya jaya mangaLa seetaa raama
mangaLakara jaya mangaLa raama
sangata shubha vibhavodaya raama
aanandaamruta varshaka raama
aashrita vatsala jaya jaya raama
raghupati raaghava raajaa raama
patita paavana seetaa raama

|| stava: ||

kanakaambara kamalaasana jagadaakhila dhaama
sanakaadika muni maanasa sadanaanagha bhooma

sharaNaagata sura naayaka chira kaamita kaama
dharaNeetala taraNa dasharatha nandana raama

pishitaashana vanitaavadha jagadaananda raama
kushikaatmaja makharakshaNa charitaadbhuta raama

dhani gautama gruhiNee svaja dagha mochana raama
muni manDala bahu maanita pada paavana raama

smarashaasana susharaasana laghu bhanjana raama
nara nirjara janaranjana seetaapati raama

kusumaayudha tanu sundara kamalaanana raama
vasumaanita bhrugu sambhava madamardana raama

karuNaarasa varuNaalaya nata vatsala raama
sharaNam tava charaNam bhava haraNam mama raama

|| praNaama: ||

aapadaamapahartaaram daataaram sarva sampadaam |
lokaabhiraamam shreeraamam bhooyo bhooyo namaamyaham ||

raamaaya raamachandraaya raamabhadraaya vedhase
raghunaathaaya naathaaya seetaayaa: pataye nama: ||

atulita bala dhaamam svarNa shilaabha deham
danujavana krushaanum gyaaninaam agragaNyam |

sakala guNa nidhaanam vaanaraaNaamadheesham
raghupati vara dootam vaatajaatam namaami ||

goshpadeekrutavaaraashim mashakeekruta raakshasam |
raamaayaNa mahaa maalaa ratnam vande~neelaatmajam ||

anjanaanandanam veeram jaanakee shoka naashanam |
kaapeeshamakshahantaaram vande lankaabhayankaram ||

ullanghya sindho: salilam saleelam
ya: shokavahnim janakaatmajaayaa: |
aadaaya tenaiva dadaaha lankAm
namaami tam praanjaliraanjaneyam ||

manojavam maaruta tulyavegam
jitendriyam buddhimatam varishTham |
vaataatmajam vaanarayootha mukhyam
shree raamadootam shirasaa namaami

aanjaneyamati paaTalaananam
kaanchanaadri kamaneeya vigraham |
paarijaata taru moola vaasinam
bhaavayaami pavamaana nandanam ||

yatra yatra raghunaatha keertanam
tatra tatra kruta-mastakaanjalim |
baashpavaari paripoorNa lochanam
maarutim namata raakshasaantakam ||

// *iti ashTottara shata naama raamaayaNam samaaptam //*